WHAT IS CDH?

Congenital diaphragmatic hernia (CDH) means that there is a hole in, or incomplete formation of, your baby's diaphragm. The diaphragm is the muscle under the lungs that is responsible for breathing. This hole allows the abdominal organs (eg. spleen, liver, intestines, stomach) to move into the chest, and prevents the lungs from developing normally because of the lack of space to grow. The defect can occur on the left side, right side, or both sides.

CONTACT US

Please, reach out to Tiny Hero. We have helped many families navigate the complexities and difficulties of CDH. Let us help you and your baby.

Email: info@tinyhero.org
Instagram: @mytinyhero
Facebook: @realhopeforcdh
www.tinyhero.org

Our FB Support Community:
CDH Support Network By Tiny Hero

WHAT IS CONGENITAL DIAPHRAGMATIC HERNIA?

TINYHERO
WWW.TINYHERO.ORG

First things first: THERE IS HOPE!

You already have a support
team in place waiting for you!

WHAT NOW?

REACH OUT

We encourage you reach out to Tiny Hero. Tiny Hero is a non-profit that will assist you from the day of your baby's diagnosis until the day that you bring your precious baby home. Check out Tiny Hero's website, www.tinyhero.org and get more information in the following areas:

- Contact information of CDH families and staff who would love to speak with you
- Survivor Stories of hope
- Medical Questions to ask your doctor
- Community Support
- Resource Support

ALSO NOTE

We want you to know that there are doctors with great survival rates and that there are children living normal and happy lives. These kids have a fantastic quality of life; they are active, healthy, and living life to the fullest.

Facts and percentages about survival rates vary between different medical facilities and doctors. If you were given a low survival rate for your baby, take it with a "grain of salt." Indeed, while the survival rate at some institutions is poor (national average is 50%), we have relationships with institutions that have survival rates as high as 90% or more. Tiny Hero can help you!